

Health

	The Body	Behavior	Food	Clothing	Sickness
Grade 2 Proper Manners and Health Habits	Care of Personal cleanliness Rest and exercise Good posture Clean environment Care of teeth and eyes Safety rules Inside, Outside With fire With sharp articles	Politeness: In words At the table Respect for: Others' privacy Others' property Cheerfulness Work Taking care of properly Neat and orderly Clean rooms Setting the table	Balanced diet Sugar foods	Care of clothing	Care of colds Medicine safety rules
Grade 4 Health for the Glory of God	Its beginning Its many parts God's purpose for His glory Sin's effect—Sickness, Suffering, Death Care of Exercise Physical, Spiritual Prevention of disease Healing—God, Doctors Good posture Good thoughts Safety rules Proper diet, Cleanliness	Courtesy: In words In actions Kindness Thankfulness	Basic elements Thankfulness for Harmful substances Gluttony Balanced diet— For God's glory	For modesty For comfort For God's glory	Prevention Care of Spiritual Physical Causes Sin For God's glory